


# YOGA CLASS SCHEDULE

## Spring 2019

April

May

June

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
15	16 5:15 – 5:45 Private Class  6:00 pm Mixed Levels With Maude	17	18	19	20  9:00 am Mixed Levels With Ed
22	23 5:15 – 5:45 Private Class  6:00 pm Mixed Levels With Maude				27  9:00 am Mixed Levels With Ed
29	30 5:15 – 5:45 Private Class  6:00 pm Mixed Levels With Maude	1	2	3	4  9:00 am Mixed Levels With Ed
6	7 5:15 – 5:45 Private Class  6:00 pm Mixed Levels With Maude	8	9	10	11  9:00 am Mixed Levels With Ed
13	14 5:15 – 5:45 Private Class  6:00 pm Mixed Levels With Maude	15	16	17	18  9:00 am Mixed Levels With Ed
20	21 5:15 – 5:45 Private Class  6:00 pm Mixed Levels With Maude	22	23	24	25  9:00 am Mixed Levels With Ed
27	28  6:00 pm Mixed Levels With Ed	29	30	31	1  9:00 am Mixed Levels With Ed
3	4 5:15 – 5:45 Private Class  6:00 pm Mixed Levels With Maude	5	6	7	8  9:00 am Mixed Levels With Ed
10	2 week vacation				
	11	12	13	14	15

**VALENTINE YOGA THERAPY, LLC**  
 All classes are held at Ed & Maude's Home Studio  
 420 S 35<sup>th</sup> Street – Tacoma, WA 98418

For more information call Ed or Maude Valentine, RYT 500 at (253) 475-6091  
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