

YOGA CLASS SCHEDULE Fall 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8	9 6:00 pm Mixed Levels With Maude	10 	11	12	13 9:00 am Mixed Levels With Ed
Oct	15 6:00 pm Mixed Levels With Maude	16	17	18	19
22	23 6:00 pm Mixed Levels With Maude	24	25	26	27 9:00 am Mixed Levels With Ed
29	30 6:00 pm Mixed Levels With Maude	31	1	2	3 9:00 am Mixed Levels With Ed
5	6 6:00 pm Mixed Levels With Maude	7	8	9	10 9:00 am Mixed Levels With Ed
Nov	12 6:00 pm Mixed Levels With Maude	13	14	15	16
19	20 6:00 pm Mixed Levels With Maude	21	22	23	24 9:00 am Mixed Levels With Ed
26	27 6:00 pm Mixed Levels With Maude	28	29	30	1 9:00 am Mixed Levels With Ed
Dec	3 6:00 pm Mixed Levels With Maude	4	5	6	7
					8 9:00 am Mixed Levels With Ed

VALENTINE YOGA THERAPY, LLC

All classes are held at Ed & Maude's Home Studio
420 S 35th Street – Tacoma, WA 98418

For more information call Ed or Maude Valentine, RYT 500 at (253) 475-6091
Email: info@YogaValentine.com or visit www.YogaValentine.com

